



CHILDREN'S CHURCH NEWSLETTER



ST. PAUL'S CHURCH, FOREBRIDGE, STAFFORD, ST17 4LJ and ST. THOMAS & ST. ANDREW'S CHURCH, DOXEY, ST16 1EQ 21ST FEBRUARY 2021 - FIRST SUNDAY OF LENT

Well it's another week already. Did you have any pancakes on Tuesday? We actually had ours on Wednesday because my hubby was working late on Tuesday and we didn't want him to miss out. Have you given up anything for Lent or like me are you trying to do something instead? I am aiming to read and study my Bible more and maybe even journaling like Beth does. Whatever you have decided on good luck even if it's to try and complete this newsletter that is great.

Anyway, as well as moving on the Chapter 7 of Genesis and Noah organising all the animals and birds I have also included a Lenten Good Deeds Chart as well as a list of things that you can do to be good to yourselves over the days of Lent. You can either complete both of these on your own or as a family.

One thing I had forgotten about the animals that Noah chose was that there wasn't only one pair but seven pairs of clean animals, like elephants etc, but only one pair of unclean animals, like pigs. They were on the Ark for such a long time. I wonder if any of them suffered from sea sickness or travel sickness. I hope not as that would have made it even worse. I hope you enjoy reading about them.

The Flood Begins – Genesis Chapter 7

1 Then the Lord said to Noah, "I have seen that you are the best man among the people of this time. So, you and your family go into the boat. 2 Take with you seven pairs, each male with its female, of every kind of clean animal. And take one pair, each male with its female, of every kind of unclean animal. 3 Take seven pairs of all the birds of the sky, each male with its female. This will allow all these animals to continue living on the earth after the flood. 4 Seven days from now I will send rain on the earth. It will rain 40 days and 40 nights. I will destroy from the earth every living thing that I made."

5 Noah did everything that the Lord commanded him.

6 Noah was 600 years old when the flood came. 7 He and his wife and his sons and their wives went into the boat. They went in to escape the waters of the flood. 8 The clean animals, the unclean animals, the birds and everything that crawls on the ground came to Noah. 9 They went into the boat in groups of two, male and female. This was just as God had commanded Noah. 10 Seven days later the flood started.

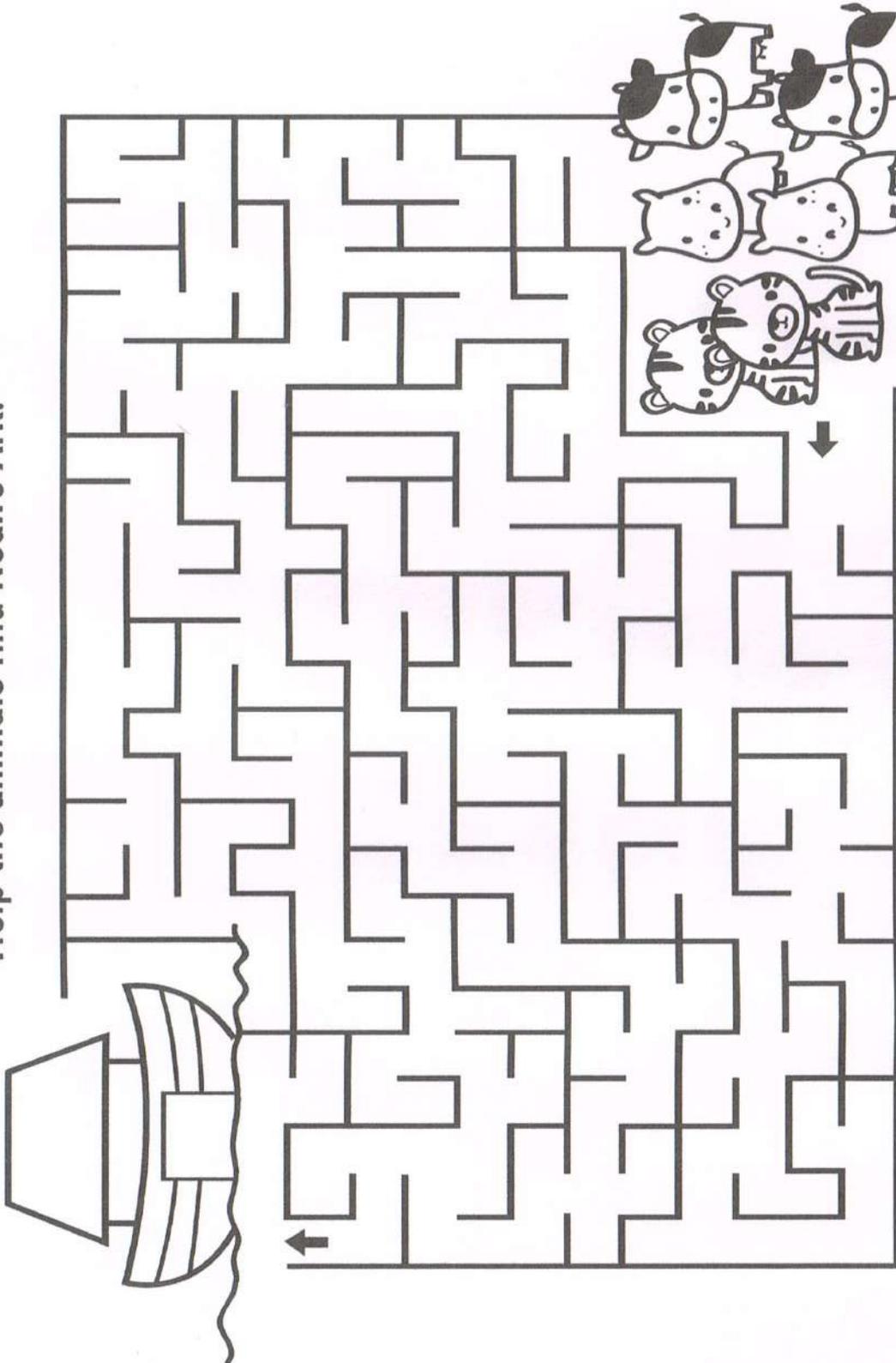
11 Noah was now 600 years old. The flood started on the seventeenth day of the second month of that year. That day the underground springs split open. And the clouds in the sky poured out rain. 12 The rain fell on the earth for 40 days and 40 nights.

13 On that same day Noah and his wife, his sons Shem, Ham and Japheth and their wives went into the boat. 14 They had every kind of wild animal and tame animal. There was every kind of animal that crawls on the earth. Every kind of bird was there. 15 They all came to Noah in the boat in groups of two. There was every creature that had the breath of life. 16 One male and one female of every living thing came. It was just as God had commanded Noah. Then the Lord closed the door behind them.

17 Water flooded the earth for 40 days. As the water rose, it lifted the boat off the ground. 18 The water continued to rise, and the boat floated on the water above the earth. 19 The water rose so much that even the highest mountains under the sky were covered by it. 20 The water continued to rise until it was more than 20 feet above the mountains. 21 All living things that moved on the earth died. This included all the birds, tame animals, wild animals and creatures that swarm on the earth. And all human beings died. 22 So everything on dry land died. This means everything that had the breath of life in its nose. 23 So God destroyed from the earth every living thing that was on the land. This was every man, animal, crawling thing and bird of the sky. All that was left was Noah and what was with him in the boat. 24 And the waters continued to cover the earth for 150 days.

Noah's Ark Maze

Help the animals find Noah's Ark.



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Bible Pathway Adventures

WORD SEARCH

NOAH'S ARK

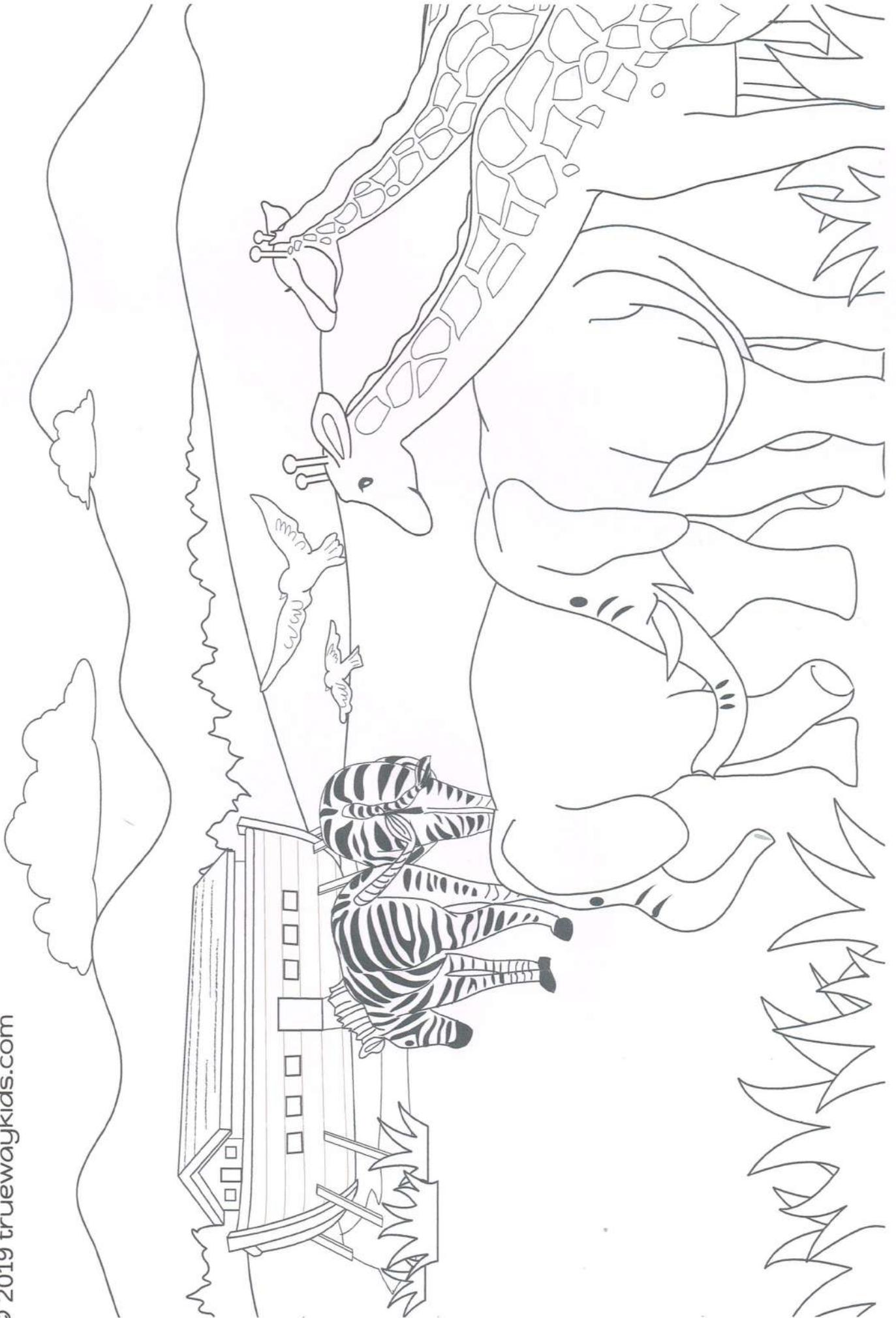
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H E H X A F S E A Z D B O L H F Y P Y P
Z G B A I E S G U Q F H O O U S X Z W V
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Q I A F S N O A H N I S I N Q V S S C A
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C H D A J Z Z A Y S T A D V X X U D F A
Z A C O M S Z Y T C M T U R K E Y J R N
T X N I V L P F N E Z L E K V Q D F A I
F P C C Y E Q J X S R B A C L E A N I M
L X O L I V E L E A F T P R N D P T N A
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T I L U N C L E A N F A M I L Y T S T E

FAMILY
DOVE
TURKEY
ANIMALS
GENESIS
RAINBOW

FLOOD
ALTAR
PITCH
YAHWEH
GIANTS
OLIVE LEAF

UNCLEAN
ARK
COVENANT
CLEAN
NOAH
WATER

For more free Bible resources and Teacher Packs including coloring pages,
worksheets, quizzes and more visit our website at:
www.biblepathwayadventures.com



Love yourself through Lent

In a really challenging season why not focus on self-care this Lent.
Here are 40 self-care ideas to choose from, why not pick one each day
and give yourself a boost of positivity..

Listen to a favourite song.

Enjoy a hot drink.

Take a bath.

Light a candle.

Drink a glass of water.

Cook your favourite meal.

Go for a walk.

Get into your pyjamas early!

Read a Psalm.

Phone a friend.

Pray.

Watch a favourite film.

Open a window and breathe deeply!

Write down your worries and bring them to God in prayer.

Count your blessings.

Read a book.

Build a nest and snuggle up!

Have a nap.

Turn off your phone for an hour.

Go to bed 15 minutes

Buy yourself a treat.

Pause and listen to God's voice.

Get creative, draw or write something.

Say "no" to something.

Have a lie in.

Make your bed.

Look for pictures in the clouds.

Put on an outfit that makes you feel good about yourself.

Stretch!

Write a letter.

Visit an art gallery or museum online.

Bake something.

Watch a funny video.

Look through old photos.

Talk to a plant.

Sing as loudly as you can!

Put on some music and dance like nobody is watching!

Try a new hobby.

My Lenten Good Deeds Chart

NAME: _____

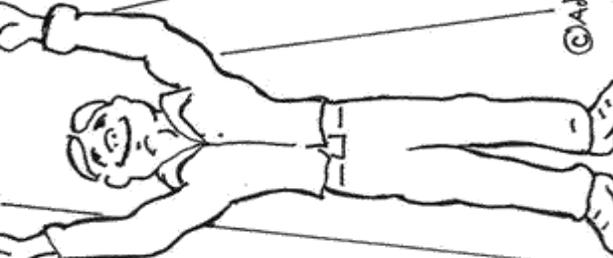


AH

Memory Verse for you to colour

BLESSED ARE
THOSE WHO
HUNGER AND
THIRST FOR

RIGHTEOUSNESS,



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FOR THEY WILL
BE FILLED. Matthew 5:6

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Prayer

Lent is a time
for giving up something valuable
So we can remember
how great a blessing it is

Lent is a time
for taking up something valuable
So we can remember
to bring some blessing to others.
Amen.

Family Time

Did you have a lie-in last week? I know we did.

AS we are in Lent look at page 5 and spoil yourselves or have a go at making up your own things that you think would be good to give up or do over any 40 days.

Well it's the end of half term and back to school work tomorrow. Hasn't this week gone quick?

Until next week be happy, take care and stay safe.

God bless, Jackie

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